<table>
<thead>
<tr>
<th><strong>Verb Tense #4</strong></th>
<th><strong>SIMPLE PAST</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>When do we use</strong></td>
<td>to describe an action or condition that began and <strong>this verb tense?</strong> ended in the past—before the present time</td>
</tr>
</tbody>
</table>
| **How do we form** | • Add –ed or –d to the end of the base form of **this verb tense?** most regular verbs.  
  `walk` → `walked`  
  `live` → `lived`  
  • Change the spelling of some regular verbs.  
  `stop` → `stopped`  
  `study` → `studied`  
  • Irregular verbs do not follow any rules.  
  `run` → `ran`  
  `write` → `wrote` |

**Practice using the simple past verb tense with a partner.**

1. Point to a picture.

2. Make a statement about the picture using the simple past verb tense. Follow the example.

They ran two miles last night.